



Burlington Fire Department



136 South Winooski Avenue
Burlington, Vermont 05401-8378
(802) 864-4554 • (802) 658-2700 (TTY)
Business Fax (802) 864-5945 • Central Station Fax (802) 865-5387

Section: 03 - Safety	
SOG Number: 03.03	Effective Date: July 27, 2020
Subject: Station Safety	
By Order of Fire Chief Steven A. Locke	

I. Purpose:

The purpose of this guideline is to ensure the safety and wellbeing of each member or guest who enter, visit, or operate within a Burlington Fire Station.

A large percentage of personnel injuries occur while participating in routine activities at or around the station. Most of these injuries could be prevented by observing proper safety practices and adopting a safety conscious attitude.

II. Scope:

This document applies to all members of the Burlington Fire Department with the responsibility of ensuring firefighter and citizen safety while they are in a Burlington Fire Station.

III. Definitions:

Fire Station One: The physical fire Station located at 136 South Winooski Avenue in Burlington, Vermont.

Fire Station Two: The physical fire Station located at 132 North Avenue in Burlington, Vermont.

Fire Station Three: The physical fire Station located at 20 Mansfield Avenue in Burlington, Vermont.

Fire Station Four: The physical fire Station located at 1397 North Avenue in Burlington, Vermont.

Fire Station Five: The physical fire Station located at 23 Ferguson Avenue in Burlington, Vermont.

IV. Guidelines:

A). Station Maintenance

1. Many personnel injuries could be avoided through a policy of safety conscious station maintenance.
2. Efforts should be made to keep apparatus floors free from slippery substances and obstructions; water, oil, hydraulic fluid, etc. should be mopped up whenever accumulations appear, especially on the traffic area around and between apparatus.
3. Station floors also must be free of slippery substances. Traffic route areas, hallways, stairs, etc., should be clear of unnecessary obstacles and obstructions.

B). Ground Maintenance

1. Safety precautions shall be observed when using power lawn equipment; mowers, trimmers, edgers, etc.
 - a. The blade guard on power edgers and trimmers shall be serviceable and in the proper position for the intended use before operating.
 - b. Safety goggles (glasses) will be available and shall be utilized to provide eye protection from rocks, twigs, and other propelled objects when operating mowers, edgers, etc.
 - c. When trimming or pruning certain trees and bushes, gloves may be necessary to provide adequate hand protection. If gloves are needed, they shall be worn.
 - d. Do not use defective equipment such as ladders with broken rungs, power equipment without the proper safety protection, etc. Repair or replace before use.

C). Lifting/Pulling

1. Utilize the following proper lifting techniques when lifting moderate to heavy objects:
 - a. Use your legs to lift – bend your knees
 - b. Keep your back straight.

Do not twist our body while lifting – reposition your feet to avoid twisting. To lift heavy objects, get your body as close to the object as possible.

- c. Heavy objects should ideally be stored at approximately waist level – to prevent unnecessary lifting.
- d. Do not attempt to lift or carry more than you can easily handle – if necessary, get help.

V. **Responsibility:**

It is the responsibility of all members to read, understand and follow this Standard Operating Guideline

Revision History			
Revision Date	Section	Summary	Principal Author
		Reformatted version of SOG 03.2.2. Original release date of 1990.	Unknown