

**Vermont 2-1-1 United Ways of Vermont** (Confidential help line):  
Dial 2-1-1 • [www.vermont211.org](http://www.vermont211.org)

**Act 1/Bridge** (Short-term stabilization & detox):  
(802) 488-6425 • [www.howardcenter.org](http://www.howardcenter.org)

**Private Clinicians:**  
[www.psychologytoday.com](http://www.psychologytoday.com)

**Centerpoint:**  
(802) 488-7711 • [www.centerpointservices.org](http://www.centerpointservices.org)

**Spectrum Youth and Family Services:**  
(802) 864-7423 • [www.spectrumvt.org](http://www.spectrumvt.org)

**Community Health Centers of Burlington:**  
(802) 864-6309 • [www.chcb.org](http://www.chcb.org)

**Pine St. Counseling:**  
(802) 488-6103 • [www.howardcenter.org](http://www.howardcenter.org)

**Crossroads:**  
(802) 288-1087 • [www.crossroadsvt.com](http://www.crossroadsvt.com)

**Lund Family Center:**  
(802) 864-7467 • [www.lundvt.org](http://www.lundvt.org)

**Valley Vista:**  
(802) 222-5201 • [www.vvista.net](http://www.vvista.net)

**Serenity House:**  
(802) 446-2640 • [www.recoveryhousevt.org](http://www.recoveryhousevt.org)

**Maple Leaf Treatment Center:**  
(802) 899-2911 • [www.mapleleaf.org](http://www.mapleleaf.org)

**Chittenden Clinic:**  
(802) 488-6450 • [www.howardcenter.org](http://www.howardcenter.org)

**UVM Medical Center, Addiction Treatment Program:**  
(802) 847-3333 • [www.uvmhealth.org/medcenter/](http://www.uvmhealth.org/medcenter/)

**Turning Point Center of Chittenden County** (Safe space for those needing recovery support):  
(802) 861-3150 • [www.turningpointcentervt.org](http://www.turningpointcentervt.org)

**Safe Recovery:**  
(802) 488-6067 • [www.howardcenter.org](http://www.howardcenter.org)



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