**Drafting the Burlington Action Plan for Aging Well**

**(based on the template for the state plan)**

**Working group Instructions**

* Meet and agree upon up to 4 objectives and up to 8 strategies.
* Please work to create SMART (specific, measurable, achievable, relevant, time-based) objectives and strategies as much as possible.
* Please also do your best to answer the additional questions on equity, partners, funding/resources, policy, and data.

**Recommended Objectives:**

*Example SMART Objective: By 2030, increase by 5% the proportion of Vermont adults who report getting physical exercise. (Data source: BRFSS)*

1.

2.

3.

4.

**Recommended Strategies:** These may include a mixture of initiatives already underway, easily implementable ideas, and those that would be impactful but would need policy change or funding allocated. Note if the strategy is likely short-term (1-3 years), medium-term (3-6 years) or long-term (7-10 years).

*Example SMART Strategy: In 2025, the Department of Health will add two evidence-based physical activity programs to MyHealthyVT.org and conduct promotions via Facebook and Front Porch Forum. (Short-term)*

1.

2.

3.

4.

5.

6.

7.

8.

**Summary Chart**

|  |  |  |  |
| --- | --- | --- | --- |
| **Strategy** | **Short-term**  **(1-3 years)** | **Medium-term**  **(3-6 years)** | **Long-term**  **(7-10 years)** |
| 1. |  |  |  |
| 2. |  |  |  |
| 3. |  |  |  |
| 4. |  |  |  |
| 5. |  |  |  |
| 6. |  |  |  |
| 7. |  |  |  |
| 8. |  |  |  |

**Additional Questions**

How do the above objectives and strategies advance equity and inclusion? Please list any specific groups who are left out of these strategies?

Who are the key partners to accomplish these strategies?

What funding or resources will be needed to accomplish these strategies?

What legislation or policy change (local or state) will be needed to accomplish these strategies?

What data could be used to measure success of these strategies?

What existing programs or initiatives support these strategies?

How do these strategies reflect the input and priorities of Older Vermonters?

Additional Suggestions and Comments: