



Warbixinada Cusube ee COVID-19 ee Magaalada Burlington

Xarunta Kheyraadka iyo Soo-kabashada
COVID-19 ee Burlington (RRC)

Abril 2021

Soomaali

Tilmaamo:

- U-qalmitaanka tallaalka cusub ee loogu talagalay dadka Madowga ah, Asalka ah iyo dadka aan cadaanka ahayn oo ku sugan Vermont
- Sharciga Gargaarka COVID-19 & Waxa Looga Jeedo
- Korodhka Kiisaska cusub ee COVID-19
- Ogeysiisyada Gobolka
- Halka laga Helo Macluumaadka COVID-19
- Sida la iskaga diiwaan geliyo tallaalka

U-qalmitaanka Tallaalku wuxuu u furan yahay DHAMMAAN dadka deggan Vermont kuwaas oo ah Madow, Dadka Asalka ah, ama Dadla Aan Cadaanka ahayn



Bishii Maarso 30, Gobolku wuxuu ku dhawaaqay inuu beddelayo u-qalmitaanka tallaalka. Haddii adiga ama qof kale oo reerkaaga ka tirsan uu yahay Madow, Dadka Asaliga ah, ama qof aan cadaan ahayn (BIPOC), dhammaan xubnaha reerka ee jira 16 sano ama ka weyn ayaa sidoo kale iska diiwaangelin karaan inay qaataan tallaalka. Dadku waxay iska diiwaangelin karaan khadka tooska ah, iyagoo wacaya Waaxda Caafimaadka, iyagoo iska diiwaangelinaya farmashiyaasha hawsha wada ama iyagoo ballan ka qabsanaya rugta caafimaadka ee diiradda saareysa BIPOC.

Xulashooyinka Isdiiwaangelinta iyo Taageerada Luqadda:

1. Khadka tooska ah iskaga diiwaangeli Waaxda Caafimaadka Vermont <https://www.healthvermont.gov/covid-19/vaccine/getting-covid-19-vaccine> (isdiiwaangelinta khadka tooska ah ee Ingiriiska) ama adigoo wacaya khadka taleefanka tallaalka ee 855-722-7878 (Wixii la xiriira caawimaada luqadaha kale riix 1). Saacadaha Wicitaanka Xarunta waa Isniinta-Jimcaha, 8:15 a.m. - 5:30 p.m. iyo Sabti iyo Axad, 10:00 a.m. - 3:00 pm. Fadlan sheeg luqadda aad doorbideyso si ay u ballansadaan turjubaan inta lagu jiro ballantaada, isla markaana ay kuu siiyaan foomam la tarjumay.
2. Haddii aad qabtid su'aalo la xiriira u-qalmitaanka ama aad u baahan tahay caawimaad diiwaangelineed oo luqad kale ah, waxaad la xiriiri kartaa maareeyaha kiiskaaga ee ka tirsan Ururka Afrikaanka ama Barnaamijka Qaxootiga. Haddii aadan lahayn maamule kiis, Barnaamijka Qaxootiga ka wac 802-655-1963 ama Ururka Afrikaanka ka wac taleefanka 802-355-0795 waxaana lagu xiriirin doonaa qof ku hadla afkaaga. Waxay martigalinayaan xarun caafimaad oo ay joogaan turjubaano iyo taageero luqadeed oo dheeri ah.
3. Rug caafimaad oo dheeraad ah oo diiradda saareysa BIPOC ayaa laga heli karaa Burlington, iyada oo ay iska kaashanayaan ururada sida Vermont Racial Justice Alliance, Vermont Professionals of Color Network, Vermont LEND Program iyo Magaalada Burlington. Waxaad wici kartaa 802-755-7239 si laguugu daro liiska sugitaanka, adeegyada turjubaanka taleefanka ayaa lagu siinayaa haddii aad muujiso luqadda aad doorbideyso. Haddii aad ka tagto fariin cod ah, fadlan sheeg magacaaga iyo luqadda aad doorbidayso oo qof ayaa kugu soo celin doona wicitaanka. Foomka diiwaangelinta khadka tooska ah ayaa sidoo kale lagu heli karaa Ingiriis. Booqo <https://bitly.com/BIPOC-Clinics>. Fadlan sheeg luqadda aad doorbideyso si ay kuugu qorsheeyaan turjubaan si loogu heli karo ballantaada oo ayna ku siiyaan foomam la tarjumay.

Sharciga Gargaarka Maaliyadeed ee COVID-19



Sharci cusub oo gargaar lacageed ah oo loogu magac daray Qorshaha Samatabbixinta Mareykanka ayaa waxaa meel mariyey Koongaraska Mareykanka horraantii Maarso, kaas oo \$ 1.9 tirilyan oo gargaar lacageed ah siin dadka ku nool Mareykanka oo dhan sanadka soo socda. Sharcigu wuxuu kobcinayaa maalgelinta barnaamijyada nafaqada iyo daryeelka (sida kaalmada cuntada ee Gobolka ama barnaamijyada daryeelka carruurta), wuxuu kordhinayaa lacagaha shaqo la'aanta, wuxuu bixinayaa faa'iidooyinka canshuuraha, wuxuu taageero maaliyadeed u abuura ganacsiyada yaryar, wuxuuna qoysaska carruurta leh iyo shaqaalaha aan carruurta lahayn siiyaa dhaqaalaha xaaladaha degdegga ah. Sharcigan ayaa sidoo kale hoos u dhigaya kharashyada caymiska caafimaadka ee qoysaska dakhligoodu hooseeyo iyo kuwa dhexdhexaadka ah, wuxuuna maalgelinayaa barnaamijyada kireysiga iyo biil bixinta mustaqbalka. In kasta oo gunnooyinka qaar ay degdeg yihiin, qaar baa qaadan kara wakhti in la dejiyo, filo inaad aragto fursadaha gargaarka maaliyadeed oo sii socda.

Korodhka Kiisaska Cusub

Arbaco, Maarso 31, 2021

Kiisaska Cusub ee Gobolka



Magaaladu waxay sii wadaysaa inay kormeerto jiritaanka **COVID-19 ee bulshada dhexdeeda ah**. **Wararkii ugu dambeeyay waxay muujinayaan inay jiraan kiisas ku soo kordhay aaggeenna, tan iyo dhammaadkii Maarso**. Sawirka kore wuxuu muujinayaa kiisaska sii kordhaya ee COVID-19 ee Dagmada Chittenden. Waxaan ogaaneynaa in kororka kiisaska ay hada ku soo badanayaan jiilalka hadda soo koraya, **celceliska da'da dadka laga helayo cudurka ayaa hada ka hooseeyo da'da 30**. Kiisaska COVID-19 ee laxiriira xubnaha waayeelka ah ee bulshada ayaa hoos usii dhacaya maadaama inbadan ay ka faa'iideysanayaan tallaalada. Macluumaadkan ma ahan mid argagax keenaya, laakiin waa mid lagu baraarujinayo bulshada inay taxaddar dheeri ah sameeyaan.

Waxa aad sameyn karto: Marka la eego heerka kiisaska COVID-19 ee hadda ka jira Magaalada, fadlan sii wad xirashada maaskaro, raac tilmaamaha Gobolka ee ku saabsan la kulanka dadka ka baxsan reerkaaga, oo tixgeli baaritaanka bilaashka ah (kaas oo ah mid fudud oo suuf sanko la geliyo, maahan baaritaankii hore ee sanko meel dheer laga gelin jirey) laga heli karo 405 Pine Street ee Burlington maalin kasta inta udhaxeysa 10:00 am-6:00 pm. Qaadashada tallaalka ayaa sidoo kale si weyn u yareyn kara faafitaanka fayraska ee bulshada dhexdeeda.

Ogeysiisyada Gobolka

Bishii la soo dhaafay, Gobolku wuxuu sameeyay ogeysiisyo kala duwan oo muhiim ah:

Isku imaatinada

Shakhsiyaadka ama qoysaska aan la talaalin, isku imaatinada bulshada ee lagu sameeyo meelaha gudaha iyo dibadda ah waxay ku xaddidan yihiin LABA qoys ama qofood oo aan tallaalnayn halkii marba, LAGU DARAY wixii qoys ah oo si buuxda loo talaalay. Si buuxda loo talaalay waxaa lagu qeexaa qof kasta oo reerka ka mid ahi u qaatay dhammaan qiyaasaha loo baahan yahay ee tallaalka COVID-19.

Da'ayada U-qalmitaanka

Gobolku wuxuu ku dhawaaqay da'ayada u-qalmitaanka ee mustaqbalka, iyada oo dhammaan dadka reer Vermont ah ee jira 16 iyo ka weyn ay xaq u leeyihiin inay tallaalka qaataan dhammaadka Abriil.

Da'da 40+ - U furan diiwaangelinta hadda

Da'da 30+ - Wuxuu furmayaa Abriil 12

Da'da 16+ - Wuxuu furmayaa Abriil 19



Si aad u aragto tilmaamaha Gobolka oo Ingiriis ah, booqo:

<https://accd.vermont.gov/news/update-new-work-safe-additions-be-smart-stay-safe-order>

Halka laga Helo Macluumaadka COVID-19

Waaxda Caafimaadka Vermont hadda waxay leedahay bogag luuqad shaqsiyeed leh oo ku jira macluumaadka caafimaadka ee COVID-19:

Carabi: <https://www.healthvermont.gov/covid-19/resources/multilingual-resources#Arabic>

Faransiis: <https://www.healthvermont.gov/covid-19/resources/multilingual-resources#French>

Kirundi: <https://www.healthvermont.gov/covid-19/resources/multilingual-resources#Kirundi>

Nepali: <https://www.healthvermont.gov/covid-19/resources/multilingual-resources#Nepali>

Soomaali: <https://www.healthvermont.gov/covid-19/resources/multilingual-resources#Somali>

Kiswahili: <https://www.healthvermont.gov/covid-19/resources/multilingual-resources#Swahili>

Fiiitnaamiss: <https://www.healthvermont.gov/covid-19/resources/multilingual-resources#Vietnamese>

Guddiga luuqadaha badan ee Vermont waxay sii wadaan sii deynta fiidiyowyo ay ku jiraan warbixino cusub oo muhiim ah. Liisaska fiidiyoowga ee luqadda ayaa la heli karaa:

Booqo bogga websadhkooda: <https://www.youtube.com/channel/UC3zjPpeFnXqvESr1y3d4DvQ/playlists>

Wixii su'aalo ah? Caawinaad ma u baahan tahay?

Xarunta Kheyraadka iyo Soo-kabashada COVID-19 Burlington (RRC) waxay halkan u joogtaa inay ku caawiso, nagala soo xiriir 802-755-7239 ama recovery@burlingtonvt.gov oo farriin ahaan u reeb magacaaga, luqadda aad doorbidayso, iyo macluumaadka lagaala soo xiriiri karo waxaana kuu caawin doonnaa sida ugu dhakhsaha badan. Xarunteena wicitaanku waxay leedahay adeegyada tarjumaada taleefanka. Saacadaha aan shaqeeyno waa Isniinta ilaa Jimcaha, 8:00 am-4:30 pm.

Hel Tarjumaadaha:

Waaxda Caafimaadka Vermont

<https://www.healthvermont.gov/media/translation/covid-19-translations>

Magaalada Burlington

<https://www.burlingtonvt.gov/covid-19/translated>

Guddiga luuqadaha badan ee Vermont:

<https://www.youtube.com/channel/UC3zjPpeFnXqvESr1y3d4DvQ>

Macluumaadka ku jira dukumintigan waa la beddeli karaa hadba inta tilmaamaha laga cusbooneysiinayo ilaa heer qaran iyo heer gobol