

Maria Carvalho Sandoval
Fire Bird Healing LLC

Proposed Home Occupation for 28 Crowley St, Burlington, VT :

I am a massage therapist, CranioSacral Practitioner & Reiki healer, I am registered with the state of VT as such. I am fully insured by the Association of Bodywork & Massage Professionals (ABMP). I am the sole proprietor of Fire Bird Healing & will have no other employees. I will follow all Covid protocols necessary to keep myself, my family, housemates, clients & community as safe as possible.

My proposal is to use one bedroom at the home I rent for my massage therapy & healing practice. I have consent from my landlord. The room is 143 square feet, it is on the ground floor & has 2 windows which face the street & 1 that faces the driveway. The clients would park in the driveway, just to the left of the house. They would enter the front door (not the door by the driveway as that is my housemate's bedroom), then walk down the hallway to the living room, which connects to the proposed office space. If the client needed to use the bathroom, they would walk through the living room, through the kitchen & into the bathroom.

For my massage practice I use a massage table, a table warmer (which plugs into a standard outlet), massage oil, sheets, a blanket, a bolster for under the knees, a sound system for music, an air purifier, a sound machine, a space heater in winter & a window AC unit in summer. Those are the basic necessities. I will set up a cabinet for sheets & also tables to hold crystals, art & my supplies. No equipment or materials will be stored in any other part of the house.

The hours would be between 11:00 am & 6:00 pm Monday through Saturday. I am planning to see 1 to 5 clients per week, no more than two on a given day. Normally during a session the client arrives & we discuss their treatment, then I leave the room, they get on the table & I return to begin the healing work. Sessions last for 1 hour to 90 minutes. If I have 2 clients in 1 day I would schedule them 30 minutes apart so I have time to deep clean all surfaces.