



CITY OF BURLINGTON, VERMONT

Burlington Aging Council

c/o Community & Economic Development Office

City Hall, Room 32 • 149 Church Street • Burlington, VT 05401

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www.burlingtonvt.gov/cedo

Meeting of the Burlington Aging Council Tuesday January 17th, 2023 4:00pm – 5:30pm

This is the invitation for the meeting by Zoom:

<https://zoom.us/j/96991258349?pwd=Znk1M3lieUd2akUzNURUalBmQmhtUT09>

To participate in public forum please join the meeting via the Zoom link or email Marcella Gange before the meeting: mgange@burlingtonvt.gov. Comments can also be made at the meeting by using the raise hand function or the chat function.

Draft Agenda

1. Motion to approve agenda 01 17 23

2. Motion to approve minutes 12 20 22

3. Public Comment

4. Review Goals:

- Produce an Aging Plan for the City as a guide to policy and program development.
- Provide ongoing information and recommendations to the Administration and City Council
- Provide opportunities for older residents to voice concerns, offer recommendations, and have an active role in the future of building a more livable city.

5. Move to selecting priorities for Burlington based on work:

[1. Housing](#)

[2. Social Isolation](#)

[3. Healthcare Workforce](#)

Action steps:

- i) Recommendations for programming and investment.
- ii) Recommendations for new policies/plans (Note the desired outcomes, outputs, and how these recommendations may address racial equity and other identity disparities.)

6. Review Feb 2022 Recommendations (below)

7. Any other business or announcements

The programs and services of the City of Burlington are accessible to people with disabilities.
For accessibility information, call 865-7144. For questions about the meeting
Contact Marcella Gange at mgange@burlingtonvt.gov or 802 865 7178

RECOMMENDATIONS PASSED BY BAC IN FEBRUARY 2022

I. Age Friendly Communities and State Designation

- Members of the Council working on this state effort should keep the Council updated and the Council should review this again in late 2022. (<https://extranet.who.int/agefriendlyworld/>)
- Council members should review the AARP resources on Age Friendly Communities if they have not already done so. <https://www.aarp.org/livable-communities/network-age-friendly-communities/>

II. Outreach

- Gather an inventory of City Department outreach and survey efforts for 2022; ensure that specific steps are made to engage older residents; ensure that questions and information gathered include concerns, interests, and opportunities for older residents. Have that information made available to the Council in a timely fashion.
- AARP-VT /DAIL state-wide survey (Spring 22) -review data and isolate Burlington Specific Data (SEE December Report by UVM MPA student).
- Efforts will be made to raise the visibility of the Council and its efforts along with opportunities to raise the visibility and increase city-wide knowledge of the needs and concerns of Burlington's significant population of older residents, and the many ways in which they can be assets to the social and economic vitality of the city. This can include working with senior centers, schools, Fletcher Free Library, health providers, and other city departments and programs. In the future a regular communications plan will be developed.
- Provide notice of the Council's monthly meetings and membership, with a link to the website, via Front Porch Forum (all Burlington Forums) each month.

III. Priority Action Areas

- Review May Reports of UVM Public Administration graduate students (BAC Website)
 - Communications Strategies most effective to engage and provide information out to Older Residents,
 - Eliminate barriers to older residents participating actively and fully in the local workforce,
 - Comprehensive look at transit and non-motorized mobility options best suited to enable and serve the needs and interests of older residents in Burlington,
 - Rapid assessment of what has been developed in other communities, scalable to Burlington in racial equity and inclusion for older BIPOC residents.
- The Vermont State Plan on Aging will be monitored by Council members and alignment with these efforts will inform the Council action and recommendations.
- Support BAC volunteer work with sufficient resources. The Council requests:
 - Dedicated staffing, through an AmeriCorps position, a long-term paid intern, or current staff person with sufficient time allocation to meet the Council's needs.
 - Dedicated funding for Council efforts (to be determined), recognizing that for outreach to be effective it does require both staffing and funds, whether fielding surveys, hosting focus groups, or printing materials.

IV. Responsiveness and Reporting to City Council and the Mayor's Office

- Invite Councilor's to join either the regular or a special meeting of the Council to receive an update on how the Council is proceeding and to provide their input on what they hope the Council can accomplish. Request advice on Council on an appropriate communication and reporting strategy.
- Provide an invitation (notice) of each monthly meeting to City Council and the Mayor's Office.

V. Understand Specific Status of Age Friendly City Departments: Programs, Policies, Initiatives

- The City Government and its Departments will be models of age friendly practices in programs, policies, and initiatives. The Mayor requests each City Department to provide an inventory of programs, polices and initiatives currently underway or anticipated.

BAC WORK AND PLAN ON AGING

The plan will encompass eleven areas that were identified in the charge given to the council. The BAC will address each of these through working groups assigned to gather information, conduct a rapid assessment, and provide actionable recommendations for policy and program development.

BAC AREAS FOR FOCUS – Updates

Work Group Focus Area	Lead and members	Timeline	Notes	Complete?
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I. Combating Social Isolation, Increasing Social Inclusion for Burlington's older residents				Draft complete
II. Housing: Affordability, Availability, & Accessibility				Draft complete
III. Health Care Workforce				Draft Complete
IV. Accessible Outdoor & Indoor Public Spaces	Kelly	Nov - Feb	Predicted complete end Feb	
V. Technology accessibility	Jane Catton	Nov - Jan	Jane will present to BAC for addn input	
VI. Multimodal Transportation	Chris	Sep – ?		
VII. Family Caregiver Support	Jeanne	Sep - Feb	In progress	
VIII. Food Security	Jane (Marcella)	Feb - Apr	Need to connect to other stakeholders	
IX. Industry Support & Working past 64	Glenn Molly Janet	Jan - March	Other stakeholders?	
X. Civic Engagement and Volunteerism	Andrea	March - May	Also: HANDS + CEDO staff + Dir Engagement Agewell	
XI. Health Promotion Disease Prevention, Access Quality Nutrition & Physical	?	March - May	Community Health Improvement at UVM MC as base and ID gaps. Rise VT also has population health strategies – Jane has contact (Also UVM MV Community Needs Assessment) Resources in UVM Health Network. Connect to YMCA & org that was CHI?	

Plan template for workgroup input to the Plan:

To provide consistency across workgroups and assemble a coherent plan of action of highest use and reference for City Council and Burlington's Administration, each work group will organize itself to address and then provide a report in the template below:

1) What is the current state

- i) Background information, data, issues re: to Burlington**
- ii) What is currently in place to work on or address the issues identified?**
- iii) What current disparities, based on race and other identities, exist for community members?**
- iv) Where are the gaps? What is not being fully or effectively addressed?**

2) What are opportunities and what are the specific needs to address?

- i) What opportunities or actions would address race and other identity disparities? Identify specific projects or actions.**
- ii) Is there a priority order in which to best address issues?**
- iii) Is there low-hanging fruit that should be addressed immediately?**
- iv) Are there key opportunities due to funding or the work of other organizations that Burlington should capitalize on?**

3) What are specific action steps needed for Burlington?

- i) Recommendations for programming and investment – focus upon race and other identity disparities**
- ii) Recommendations for new policies/plans**

Note the desired outcomes, outputs, and how these recommendations may address racial equity and other identity disparities

4) What is the advocacy agenda for getting broader support from the state or federal government?

This meeting will be a hybrid meeting. To comply with open meeting law requirements the in-person aspect of the meeting will be staffed at the Queen City Room, 3rd Floor City Hall, 149 Church St, Burlington. Please inform staff if you are unable to attend the meeting remotely and by zoom mgange@burlingtonvt.gov