



**Meeting of the Burlington Aging Council**  
**Tuesday October 18<sup>th</sup>, 2022 4:00pm – 5:30pm**

function.

Full Name	October 18th
Symphorien Sikyala	x
Jeanne Hutchins	x
Shawn T Hallisey	
Molly Dugan	x
Jane Catton	x
Kelly Stoddard Poor	x
Andrea Viets	
Alison Miley	x
Chris Damiani	x
Brian Pine*	x
Barbara Shaw-Dorso	x
Glenn McRae*	x
Martha Molpus	x
Charles J Messing	x
Lorna Kay	x
Marcella Gange	x
<b>Guests</b>	
Julie Skaraha, Ed DeMott, Conor O'Dea, Maria Roemhildt, Rhonda Williams, Janet Nunziata	

**Draft Minutes**

Meeting called to order at 4.04pm

1. Motion to approve agenda 10 18 22 – MD and CM - unanimous
2. Motion to approve minutes [09 20 22](#) - CM and GMC – unanimous
3. Public Comment: Jay Greene VT Office Racial Equity – invited by Glenn McRae.
  - Present the work of the [Office of Racial Equity](#). BAC members requested any available data on older Vermonters of color. The Office is available to the BAC to provide assistance on questions around equity.
4. Envision Aging Statewide Survey Data Presentation – Julie Skarha, Public Health Analyst VDH
  - [https://dail.vermont.gov/sites/dail/files/documents/AARP\\_Age\\_Survey\\_Slides.pdf](https://dail.vermont.gov/sites/dail/files/documents/AARP_Age_Survey_Slides.pdf) Link to statewide result report, for review. VDH presented the available data. Listening sessions will be conducted, statewide, to gather qualitative data and to try to fill any data gaps with information from targeted focus groups (for example for BIPOC and refugee/immigrant people – no compensation available for participation). Burlington area Listening Session on Nov 1<sup>st</sup> at Heineberg Senior Center.
  - Zip Code level data will be available and may be of interest to City Depts – eg Planning or DPW
  - Is the sample representative for BTV? Difficult to breakdown these demographics for the age group 45+ but the sample seems to be representative. Response levels were

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similar for Chittenden and Burlington. The sample group was more representative of women and younger responders. Responses from 85+ was low. The response group was disproportionate for higher education and income levels.

#### 5. Planning to develop an Aging Plan for Burlington by June 2023.

- Update on timeline and process (see below) – including updating report on reports. BAC members should be aware this is a tight timeline to complete all of the reports. Encouraging participation by members – two more groups will begin in Nov/Dec.
- Transportation Working Group – Focus on prioritizing everything at street level for winter lens and suggestion to push City Depts - DPW on winter maintenance.
- Please recreate the reports from Housing working group and Workforce working group to reflect the suggested template

#### 6. Updates

- Homeshare update – Brian Pine – we have support of Community Development and Neighborhood Revitalization Committee and have advanced a resolution to support funding for a goal of 30 more HomeShares. There is support to use this incentive funding to test the idea of financial incentives
- State Aging Plan and Age Friendly Communities – The BAC should ensure a rep to join statewide committee to ensure links for local and statewide plans. No update at present. [State Plan on Aging](#) and [Action Plan for Alzheimer’s Disease, Other Dementias and Healthy Aging](#) have been shared approved and adopted. Here are the two new statewide plans just launched which may be a helpful reference for the local efforts:  
2023-2026 State Plan on Aging: [VT State Plan on Aging 2023 2026.pdf \(vermont.gov\)](#)  
2022-2025 Vermont Action Plan on Alzheimer’s Disease, Related Dementia and Healthy Aging: [PowerPoint Presentation \(healthvermont.gov\)](#)
- City Inventory of program and policies or initiatives - this has been circulated and will report at next BAC meeting
- Intern for BAC Support – poor response. re-advertising the position with a stipend increase
- Access to Share Point – working with City IT to access
- Villages Presentation – promotion strategies. Event is 4pm 10/25/22 at Fletcher Free Library. 30 registered for in person and 62 signed up for zoom. MG will attend to help with tech.

#### 7. Agenda Items for next meeting: November 15<sup>th</sup> 2022 4:00pm – 5:30pm

#### 8. AOB and Announcements

Angela Smith Dieng – follow up on Personal Care Assistance – There are a number of statewide work force initiatives and a plot for PCA mentoring and scholarship is underway.

## BAC WORK AND PLAN ON AGING

The plan will encompass eleven areas that were identified in the charge given to the council.

The BAC will address each of these through task groups assigned to gather information, conduct a rapid assessment, and provide actionable recommendations for policy and program development.

### BAC AREAS FOR FOCUS

- I. Combating Social Isolation, Increasing Social Inclusion for Burlington's older residents (draft complete)
- II. Housing: Affordability, Availability, & Accessibility (draft complete)
- III. Health Care Workforce (draft complete)
- IV. Accessible Outdoor & Indoor Public Spaces- Kelly (nov-jan)
- V. Technology accessibility- Jane (nov-jan)
- VI. Multimodal Transportation (Sep-Nov) Chris
- VII. Family Caregiver Support (Sep-Nov) Jeanne
- VIII. Food Security (Jan-Mar)
- IX. Industry Support & Working past 64 (Jan-Mar)
- X. Civic Engagement and Volunteerism (Mar-May)
- XI. Health Prevention, Access, & Quality: Nutrition & Physical Activity (Mar-May)

### Plan template for workgroup input to the Plan:

To provide consistency across workgroups and assemble a more coherent plan of action of highest use and reference for City Council and Burlington's Administration each work group will organize itself to address and then provide a report along the lines of the outline below:

#### 1) What is the current state

- i) Background information, data, issues re: to Burlington
- ii) What is currently in place to work on or address the issues identified?
- iii) What current disparities, based on race and other identities, exist for community members?
- iv) Where are the gaps? What is not being fully or effectively addressed?

#### 2) What are opportunities and what are the specific needs to address?

- i) What opportunities or actions would address race and other identity disparities? Identify specific projects or actions.
- ii) Is there a priority order in which to best address issues?
- iii) Is there low-hanging fruit that should be addressed immediately?
- iv) Are there key opportunities due to funding or the work of other organizations that Burlington should capitalize on?

#### 3) What are specific action steps needed for Burlington?

- i) Recommendations for programming and investment – focus upon race and other identity disparities
- ii) Recommendations for new policies/plans  
Note the desired outcomes, outputs, and how these recommendations may address racial equity and other identity disparities

#### 4) What is the advocacy agenda for getting broader support from the state or federal government?

*This meeting will be a hybrid meeting. To comply with open meeting law requirements the in-person aspect of the meeting will be staffed at the Queen City Room, 3<sup>rd</sup> Floor City Hall, 149 Church St, Burlington. Please inform staff if you are unable to attend the meeting remotely and by zoom [mgange@burlingtonvt.gov](mailto:mgange@burlingtonvt.gov)*