



CITY OF BURLINGTON, VERMONT

Burlington Aging Council

c/o Community & Economic Development Office
City Hall, Room 32 • 149 Church Street • Burlington, VT 05401
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www.burlingtonvt.gov/cedo

**In Person Meeting of the Burlington Aging Council
Tuesday September 19th 2023 3:00pm – 4:30pm
Sharon Bushor Room, City Hall, 149 Church St, Burlington.**

This is a zoom link for those who chose to attend remotely.

Remote link: <https://zoom.us/j/94178588652?pwd=d084SytNdXFjTmtQRGc0Rkd1d0xWQT09>

Please contact mgange@burlingtonvt.gov if you have questions or concerns.

Draft Agenda

1. Motion to approve agenda 09 19 23
2. Motion to approve minutes [08 15 23](#)
3. Public Comment
4. Overview of Age Strong VT multisector Action Plan on Aging Well – strategies and feedback. State of Vermont DAIL Adult Services Division Director – Angela Smith-Dieng (45 mins)
5. Update/Review of work on Burlington Action Plan on Aging Well – Drafts available here: <https://www.burlingtonvt.gov/CityCouncil/Boards-Commissions-Committees/burlington-aging-council>

Age Friendly Burlington Goal	Objective/Strategies WG	Leads
Financial Security – Draft on web page Older Residents should be able to receive an adequate income and maintain assets for a reasonable quality of life as they age. They should be able to seek and maintain employment without fear of discrimination and with any needed accommodations. Mechanisms should be in place to protect from consumer and financial fraud. Older Residents should also be able to retire after a lifetime of work, if they so choose, without fear of poverty and isolation.	<ul style="list-style-type: none"> • Industry Support / Older Workers 	Glenn
Optimal Health and Wellness – Draft on web page Older Residents should receive, without discrimination, optimal physical, dental, mental, emotional, and spiritual health through the end of their lives. Holistic options for health, exercise, counseling, and good nutrition should be both affordable and accessible. Access to coordinated, competent, and high-quality care should be provided at all levels and in all settings.	<ul style="list-style-type: none"> • Health Prevention, Access & Quality; Nutrition & Physical Activity • Food Security 	Marcella Jane Molly, Brian

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	<ul style="list-style-type: none"> Healthcare Workforce 	
<p>Social Connection and Engagement – Draft on web page</p> <p>Older Residents should be free from isolation and loneliness, with affordable and accessible opportunities in their communities for social connectedness, including work, volunteering, lifelong learning, civic engagement, arts, culture, and broadband access and other technologies. Older Residents are critical to our local economies and their contributions should be valued by all.</p>	<ul style="list-style-type: none"> Technology Accessibility Civic Engagement & Volunteerism Social Inclusion 	Jane Andrea Glenn, Alison
<p>Housing, Transportation, and Community Design – Libby - ongoing work to review and awaiting Community design input (draft on web page)</p> <p>Burlington should be designed, zoned, and built to support the health, safety, and independence of older residents, with affordable, accessible, appropriate, safe, and service-enriched housing, transportation, and community support options that allow them to age in a variety of settings along the continuum of care and that foster engagement in community life.</p>	<ul style="list-style-type: none"> Housing: Affordability, Availability, & Accessibility Multimodal Transportation Accessible Outdoor & Indoor Public Spaces 	Brian Chris Kelly
<p>Family Caregiver Support – Draft on web page</p> <p>Family caregivers are fundamental to supporting the health and well-being of older Vermonters, and their hard work and contributions should be respected, valued, and supported. Family caregivers of all ages should have affordable access to education, training, counseling, respite, and support that is both coordinated and efficient.</p> <p>Upcoming activity: RN presented – Note November – Family Caregiver Month – proclamation and family caregiver awareness campaign – 2023 Create a footnote or website link to explain acronyms or eg memory café</p>	<ul style="list-style-type: none"> Family Caregiver Support 	Rick Janet

6. Ongoing Discussion: What resources and support are needed for the ongoing work of BAC, to continue as an advocate, supporter of Program implementation, and evaluator of how Burlington is tracking to become more age friendly and inclusive

7. Any other business