



**Remote ONLY Meeting of the Burlington Aging Council**  
**Tuesday 20<sup>th</sup> June, 2023 3:00pm – 4:30pm**

Zoom link - <https://zoom.us/j/96991258349?pwd=Znk1M3lieUd2akUzNURUalBmQmhtUT09>

Please contact [mgange@burlingtonvt.gov](mailto:mgange@burlingtonvt.gov) if you have questions or concerns.

**Draft Agenda**

1. Motion to approve agenda 06 20 23
2. Motion to approve minutes [05 16 23](#)
3. Public Comment
4. Review of work

Age Friendly Burlington Goal	Objective/Strategies WG	Leads
<b>Financial Security</b> Older Residents should be able to receive an adequate income and maintain assets for a reasonable quality of life as they age. They should be able to seek and maintain employment without fear of discrimination and with any needed accommodations. Mechanisms should be in place to protect from consumer and financial fraud. Older Residents should also be able to retire after a lifetime of work, if they so choose, without fear of poverty and isolation.	<ul style="list-style-type: none"> <li>• Industry Support / Older Workers</li> </ul>	Glenn
<b>Optimal Health and Wellness</b> Older Residents should receive, without discrimination, optimal physical, dental, mental, emotional, and spiritual health through the end of their lives. Holistic options for health, exercise, counseling, and good nutrition should be both affordable and accessible. Access to coordinated, competent, and high-quality care should be provided at all levels and in all settings.	<ul style="list-style-type: none"> <li>• Health Prevention, Access &amp; Quality; Nutrition &amp; Physical Activity</li> <li>• Food Security</li> <li>• Healthcare Workforce</li> </ul>	Marcella Jane Molly, Brian
<b>Social Connection and Engagement</b> Older Residents should be free from isolation and loneliness, with affordable and accessible opportunities in their communities for social connectedness, including work, volunteering, lifelong	<ul style="list-style-type: none"> <li>• Technology Accessibility</li> </ul>	Jane Andrea

<p>learning, civic engagement, arts, culture, and broadband access and other technologies. Older Residents are critical to our local economies and their contributions should be valued by all.</p>	<ul style="list-style-type: none"> <li>• Civic Engagement &amp; Volunteerism</li> <li>• Social Inclusion</li> </ul>	<p>Glenn, Alison</p>
<p><b>Housing, Transportation, and Community Design</b></p> <p>Burlington should be designed, zoned, and built to support the health, safety, and independence of older residents, with affordable, accessible, appropriate, safe, and service-enriched housing, transportation, and community support options that allow them to age in a variety of settings along the continuum of care and that foster engagement in community life.</p>	<ul style="list-style-type: none"> <li>• Housing: Affordability, Availability, &amp; Accessibility</li> <li>• Multimodal Transportation</li> <li>• Accessible Outdoor &amp; Indoor Public Spaces</li> </ul>	<p>Brian Chris Kelly</p>
<p><b>Family Caregiver Support</b></p> <p>Family caregivers are fundamental to supporting the health and well-being of older Vermonters, and their hard work and contributions should be respected, valued, and supported. Family caregivers of all ages should have affordable access to education, training, counseling, respite, and support that is both coordinated and efficient.</p>	<ul style="list-style-type: none"> <li>• Family Caregiver Support</li> </ul>	<p>Rick Janet</p>

5. Moving the work forward with support: Update on RFP for consultant help? Return to Intern strategy?
6. Ongoing Discussion: What resources and support are needed for the ongoing work of BAC, to continue as an advocate, supporter of Program implementation, and evaluator of how Burlington is tracking to become more age friendly and inclusive?
7. AOB