

In – Person Meeting of the Burlington Aging Council Tuesday 16th May, 2023 3:00pm – 4:30pm

In person at Sharon Bushor, 1st Floor City Hall, 149 Church Street, Burlington VT

We have a zoom link available for those online but want to warn that it is sometimes a struggle for those on Zoom to hear and participate in the meeting - so please attend in person, if possible. Please contact <u>mgange@burlingtonvt.gov</u> if you have questions or concerns. We look forward to seeing you at City Hall! Zoom link - https://zoom.us/j/96991258349?pwd=Znk1M3lieUd2akUzNURUalBmQmhtUT09

1. Motion to approve agenda 05 16 23 Approved BP and GM

2. Motion to approve minutes 04 18 23 Approved BSD and CM.

3. Public Comment – Rick Neu introduced himself and will be a new member of the BAC from UVM – Welcome!!

4. RFP – No response received despite outreach. Discussion alternate ideas for assistance with drafting plan. CEDO will extend the RFP to June 9th and members will make additional outreach.

5- Any Updates and new recommendations from Work Groups Note: <u>BAC Plan Recs Draft March 23</u> <u>Working Groups updates and Other Docs on BAC Web Page</u>

Social Isolation – no changes

Housing affordability – KSP asked if BAC needs to include guidance on universal design standards for new construction? KSP will draft to add next month.

Healthcare Workforce – New Vermont direct care initiative scholarship of \$5000 available to experienced direct care workers for training to improve skills – very flexible funds

Accessibility - KSP has some additional comment on seating and bathrooms will add

Transport – no updates – The DPW Commission is updating work plan and trying to add BAC priorities. Brief discussion on GMT upcoming change to fare structure to broaden scope of riders for reduced or free fares.

Family Caregiver Support – Template reorganized and recommendations added. Proposing a BTV press release for November Caregivers Month – banners, utility bill messages etc. Discussion on caregiver support and working with refugee and immigrant families as clients and service provider limitations and cultural differences in caregiving expectations and assisting families to provide the best care.

Food Security – No update

Financial Security - No update

Civic engagement – Discussions and feedback on AgeWell volunteers, how to mobilize business for volunteer support, connect to VBSR. How to connect to BSDVT for intergenerational connection and engagement. Also considering those 65+ as volunteers – should we interview those 65+ - connect to FFL. Burlington young professionals network – high percentage want to volunteer but don't know how to – serving on boards and commissions but some want access to direct service. Suggest connection to United Way – foster grandparent and other database.

Health Promotion Disease Prevention, Access Quality Nutrition & Physical – This group needs to connect and include others, eg Feeding Chittenden, YMCA, UVM community health improvement office, Red Cross etc.

6. Ongoing Discussion: What key actions/recommendations will make the biggest impact for Burlington? (Short – mid and long term). What resources and support are needed for the ongoing work of BAC, to continue as an advocate, supporter of Program implementation, and evaluator of how Burlington is tracking to become more age friendly

Many parallels to State Plan in BTV Plan – BAC should seek those most relevant to BTV and link to resources – also ensure local recommendations on State level services or issues.

BAC should ensure outcomes are measurable: <u>https://www.samhsa.gov/sites/default/files/nc-smart-goals-fact-sheet.pdf</u>

Suggestion to condense the working groups and reflect the state plan format and pillars. GM will work to condense the number of Working Groups and recommendations (eg groups 8 and 11) and circulate

7. AOB

Communication with City Council Chair Paul required for resolution for ongoing work of BAC - BP

New Branded direction for the Vermont Action Plan for Aging Well fyi!

https://www.healthvermont.gov/wellness/brain-health/age-strong-vermont-our-roadmap-age-friendly-state

Press release went out last week for the Direct Care Initiatives Scholarship Initiatives through DAIL

https://dail.vermont.gov/news/direct-care-initiatives-announces-scholarship-program

Work Group Focus Area	Contact for meeting information and notes	Action in Process
I. Combating Social Isolation, Increasing Social Inclusion	Glenn McRae <u>Glennmcrae56@gmail.com</u>	Revise & update report
II. Housing: Affordability, Availability, & Accessibility	Kelly Stoddard-Poor <u>kstoddardpoor@aarp.org</u>	Revise & update report
III. Health Care Workforce	Molly Dugan <u>Dugandugan@cathedralsquare.org</u> Brian Pine <u>bpine@burlingtonvt.gov</u>	Revise & update report
IV. Accessible Outdoor & Indoor Public Spaces	Kelly Stoddard-Poor kstoddardpoor@aarp.org	Active now
V. Technology accessibility	Jane Catton jcatton@agewellvt.org	Active now
VI. Multimodal Transportation	Chris Damiani cdamiani@ridegmt.com	Active now
VII. Family Caregiver Support	Jeanne Hutchins jeanne.hutchins@med.uvm.edu	Active now
VIII. Food Security	Marcella Gange mgange@burlingtonvt.gov	Organizing: Connect to other stakeholders
IX. Industry Support & Working past 64	Glenn McRae <u>Glennmcrae56@gmail.com</u>	Organizing: Connect to other stakeholders

X. Civic Engagement and Volunteerism	Andrea Viets viets@heinebergcsc.org	Organizing – Connect to : HANDS +, CEDO staff + Dir Volunteer Services Agewell
XI. Health Promotion Disease Prevention, Access Quality Nutrition & Physical	?	