



**CITY OF BURLINGTON  
BOARD OF HEALTH**

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**BOARD OF HEALTH**

Austin Sumner, Chair • David Casey • Mary D. Hart • Caroline Tassey

**HEALTH ADMINISTRATOR**

Linda Ayer

**HEALTH OFFICER**

William Ward

**INTERNS:**

Emma Hevey – Grace Hevey

**MINUTES FOR REGULAR MEETING OF  
BURLINGTON BOARD OF HEALTH  
DPW 645 PINE STREET CONFERENCE ROOM  
THURSDAY, JANUARY 10, 2013 @ 5:30 PM**

Attending: *Austin Sumner, David Casey, Mary Hart, Caroline Tassey, Emma Hevey, William Ward, Linda Ayer*  
Public: *Ben Cichanowski, Julie Hathaway*

Meeting called to order by David Casey at 5:40 PM

ITEM	DISCUSSION	ACTION
1. Approval of Agenda and Minutes of Prior Meeting	Amended order of agenda items: 1. Public Forum 2. Approval of Minutes 3. Strategic Plan Speaker - Chief Michael Schirling	<b>Approved</b> amended Agenda <b>Approved</b> minutes of December 13, 2012

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2. Public Forum	<p>Interested candidates for BOH vacancy— term expires 6/30/13. Julie Hathaway – Ward 7 PhD in Molecular Biology at UVM Ben Cichanowski - Ward 1 – Environmental Studies/MS Public Health</p>	
3. Strategic Plan Speaker: Burlington Police Dept.	<p>Chief Michael Schirling: BPD work intersects with Public Health. <i>Of 40, 000 calls for service this past year, 85% are not criminal and 65% of these interventions involve crisis situations of substance abuse, mental health and other issues related to poverty.</i> Service based and does criminal investigation; but work in general to create a safe, healthy and self-reliant community. <i>Cycle of substance abuse has gone from pharmaceutical opiates and heading back to heroin, crack cocaine, marijuana &amp; alcohol. Gaps in mental health system are driving the number increase.</i> Heroin &amp; opiates are #1 driver of crime: dealing/trafficking &amp; addiction levels result in property crime to support habits: <i>Statewide: 450 are receiving treatment 5,600 waiting for methadone</i></p>	

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	<p><i>If carefully administrated, treatment with seboxone or methadone = success.</i></p> <p>Need to increase availability and treatment of addictions and mental health treatment. Drug abuse is attributed to first psychotic break.</p> <p>Colleges have seen increase of attempts of suicide this year greater than in last 5 years.</p> <p><i>State is trying to build out plan to treat mental illness.</i></p> <p>Currently BPD employs a street outreach interventionist – 4-5 clinicians at Howard who work with BPD to respond to serious functional impairment to intervene w/o using 911.</p> <p><i>1100 – 1400 contacts per quarter.</i></p> <p>Abuse was pharmaceutical (prescription opiates), but now there is an upward trend in heroin use.</p> <p><i>Austin Sumner: Messaging around consequences of drug use has never gained a foothold. Received testimony that 18-25 y.o. in VT hold lead usage in counter. It is not necessarily a gateway drug. Opiate prescriptions for minor and major surgeries, prevalence of Ritalin, self-medication by older populations are a</i></p>	
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	<p><i>higher priority issue.</i></p> <p>Chief Schirling: Pervasive problem is street gangs from out of state bringing in enormous quantities of drugs; the market in VT is significant. Crystal meth is explosive, corrosive, lethal. Pharmacies restrict access to OTC Sudafed and Ephedrine. IMPLEX system works for large chain pharms, but mom&amp;pop pharms don't use it thus users shop around.</p> <p>Caroline Tasse: <i>There is a need for continuous training on drug interventions through the Howard Center.</i></p>	<p><b>BOH</b> agrees that a national policy needs to be established to deal with mental health issues. BPD is working with state to update protocols for dealing with mental health/addiction incidents.</p> <p><b>BOH</b> can raise public awareness about the magnitude of the heroin problem.</p> <p><b>Health Officer, William Ward</b> will be the conduit to provide data to publish in FPF.</p>
4. F-35 Resolution – Edits	<p>Discussion of current draft of Resolution:</p> <p><i>Does the BOH have the courage to take a stand on the public health impacts of basing F-35?</i></p> <p><i>The BOH supports the basing of the F-35 at BTV if certain steps are taken.</i></p> <p><i>BOH lacks the noise modeling data in order to make definitive statement. Pieces of data are missing. Why is AF not revealing the data?</i></p> <p><i>If new information becomes available, the BBOH reserves the right to re-evaluate their position.</i></p>	<p>Amendments to Resolution will be approved at January 13, 2013 BOH Strategic Planning meeting.</p>

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<p>5. Strategic Planning Agenda</p>	<p>Discussion: Does Burlington need to look at creating a local department of health with the current BOH acting as the Board of Directors governing the local department? This would require full time staffing.</p> <p>Current staffing for Burlington Board of Health is Health Administrator @ 50%.</p> <p>Drop the BOH Assessment component. It is not relevant to our Board as it is currently organized.</p>	<p><b>BOH</b> approved renewing appointment of Linda Ayer as a Deputy Health Officer. <b>BOH</b> approved Strategic Planning Agenda:</p> <ol style="list-style-type: none"> <li>1. Examine Issues and Expenditures <ul style="list-style-type: none"> <li>• 18 Strategic Plan Topics</li> <li>• Training for BOH</li> <li>• Public Service Announcements, Programs, and Projects</li> <li>• Member and Staff Responsibilities</li> <li>• Other</li> </ul> </li> <li>2. 1 year, 3 year and 5 year BOH plans</li> <li>3. Budget</li> </ol> <p><b>BOH</b> members are to come with 3 top priorities from speakers' list.</p>
<p>6. Members' Reports</p>	<p>P.O.P.E. – nothing to report</p> <p>Urban Agriculture – working with Burlington Food Council on ordinance recommendations for safe, effective and humane treatment and husbandry from legal and enforcement perspectives.</p> <p>Burlington Partnership for a Healthy Community) – bi monthly – Nov. mtg.</p> <p>School Inspections - Four sites remaining</p>	<p><b>David Casey</b> to meet 1/11/12 about animal issues with Humane Society: Joan Nichols and Megan Sterns.</p> <p><b>David Casey</b> continues to attend the bi-monthly meetings of the Burlington Partnership for a Healthy Community.</p> <p><b>BOH team</b> to inspect one of the</p>

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	to be inspected: CP Smith, Ira Allen Early Educational Center, Sustainability Academy, St. Josephs School (temporary classrooms)	schools in February. Letters to principal and district property co-managers to be mailed. Invite Chris Zuidema, ENVISION coordinator to attend school inspection.
7. Staff Reports	Code Enforcement: SeeClickFix Updates – Burlington Code Enforcement held #1 position in the nation for issues fixed. (Addendum A/B)  Web Updates/Front Porch Forum  BOH Vacancy – possible appointment for February meeting.	Presentation of SeeClickFix to city council, city departments and community forums.  Influenza posting in January on FPF
8. Agenda Items/Next Meeting	<b>Thursday, January 21, 2013 5:30 PM Room 12 or Contois Auditorium</b>  <b>Future meetings:</b> <b>March: Burlington HR to talk about employee health and safety</b> <b>April: DPW- re: walkable streets; walkable routes to schools, safe streets</b>	<b>Austin Sumner</b> to contact Liz Wirsing at VDH to talk about Food and Lodging at February meeting.  <b>William Ward</b> , 10 minute presentation on Incident 201 Level Training for Emergency Preparedness at February meeting.
9. Adjournment	7:45 PM	

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