



CITY OF BURLINGTON, VERMONT

Burlington Aging Council

c/o Community & Economic Development Office

City Hall, Room 32 • 149 Church Street • Burlington, VT 05401

802-865-7144 VOX • 802-865-7024 FAX •

www.burlingtonvt.gov/cedo

**Minutes of In-Person + Hybrid Meeting of the Burlington Aging Council
Tuesday October 17th 2023 3:00pm – 4:30pm
Sharon Bushor Room, City Hall, 149 Church St, Burlington.**

Attendance

Member Status	Full Name	October 17th 2023
*Denotes Co-Chairs		
1 member representing an organization supporting New Americans in Vermont	Symphorien Sikyala	x
1 member representing a healthcare provider	Rick Neu	x
1 member representing a long-term care organization in Burlington		
1 member representing an affordable housing organization in Burlington	Molly Dugan	
1 member representing an organization working to fight food insecurity in Vermont	Jane Catton	x
1 member representing an organization providing advocacy and support for older adults in Burlington	Kelly Stoddard Poor	x
1 member representing a senior center in Burlington	Andrea Viets	
1 member representing an organization providing mental health services in Vermont	Alison Miley	
1 member representing an organization providing transportation services in Vermont	Chris Damiani	x
1 member representing the City's Community and Economic Development Office	Brian Pine*	x
3-5 older adults living in Burlington	Barbara Shaw-Dorso	x
3-5 older adults living in Burlington	Glenn McRae*	x
3-5 older adults living in Burlington	Martha Molpus	
3-5 older adults living in Burlington	Charles J Messing	x
3-5 older adults living in Burlington	Lorna Kay	x
UVM Center on Aging	Janet Nunziata	x
Staff	CEDO Staff MG LT	xx
1 member representing an organization advocating for racial equity, inclusion, and belonging in Burlington	Sara Levesque - Intern UVM MC	

Draft Minutes

- 1. Motion to approve agenda 10 17 23 - BSD – 2nd CM - Unanimous**
- 2. Motion to approve minutes 01 19 23 - CM – 2nd CD - Unanimous**
- 3. Public Comment - no comments from members of the public**
- 4. Update/Review of work on Burlington Action Plan on Aging Well – Drafts available here:
<https://www.burlingtonvt.gov/CityCouncil/Boards-Commissions-Committees/burlington-aging-council>**

Notes from discussion of documents

Transportation, Housing, and Community Design Comments:

- Emphasis on SAFE housing – some age-friendly housing opportunities don't feel safe
 - How can we incorporate safety into our objectives for HTCD Action Plan – Actionable Goals
 - Champlain Housing Trust, Cathedral Square, Burlington Housing Authority
 - Social supports for “unsafe” housing residents? This is the only housing opportunity for many of these individuals
- Edit hyperlinks within documents
- Mayor's Ten Point Plan – Change to Consolidated Plan for Housing and Community Development
- Change fares from income-base fares – awareness of new fare system
 - Advocacy by BAC to GMT for an income-based fare?
- GMT hired Americorps VISTA for Bus Buddy system – GMT Ride Together program

The programs and services of the City of Burlington are accessible to people with disabilities. For accessibility information, call 865-7144. For questions about the meeting Contact Marcella Gange at mgange@burlingtonvt.gov or 802 865 7178

- Delete Point 7 for Strategies – Increase SSTA services. Change Item 7 “Work with SSTA to improve current transportation services”

Social Connection and Engagement Comments:

- Updates to goal data shifts and timeline
- Try to get more data from VDH – better breakdown of data
- PlanBTV – checking if identified objectives are in line with recommendations/objectives from planBTV
- Social Connection and Engagement Coordinator Position – better development of specifics for this position
 - See Older Person Ombudsperson

Optimal Health and Wellbeing

- Changing statistics to increasing positive attributes
- Inclusion of YMCA, Parks and Rec department in exercise programming collaborators
- Exercise-related strategies – seeing greater accessibility within community partners for exercise
 - More financially accessible YMCA plan
- Rehab/long terms care facilities need to be addressed on a state level – how to incorporate within plan?

5. Ongoing Discussion: What resources and support are needed for the ongoing work of BAC, to continue as an advocate, supporter of Program implementation, and evaluator of how Burlington is tracking to become more age friendly and inclusive – next meeting

6. Any other business and motion to adjourn. Motion to adjourn at 4.30pm - unanimous

Comments online:

From Janet Nunziata to All Panelists 03:45 PM

This could be done now; 7. Work with SSTA to compile current transportation services, such as provision of routes to UVMCC satellites campuses (Tilley Drive, etc.) One call to the SSTA Director should provide this information.

From Janet Nunziata to All Panelists 04:10 PM

Here's a link to BRFSS Survey which could be added to Objective 1:

<https://www.healthvermont.gov/stats/surveys/behavioral-risk-factor-surveillance-system-brfss>

From Jane Catton, CEO Age Well to All Panelists 04:16 PM

Here's a link to a Resource Guide that the AAA's endorse as put together by COVE (Community of Vermont Elders). If BTV is interested to recommend a Burlington resource guide- take a look here for insights

https://static1.squarespace.com/static/6447d0e9ecb3d25053d1ccb/t/64ef8301c97234106e56d65d/1693418265413/COVE_ResourceGuide_2022_web.pdf

From Rick Neu to All Panelists 04:17 PM

This is an excellent resource.

From Ikpeal to All Panelists 04:22 PM

Did everyone receive my email regarding rehab/long term facilities? My opinion is that this aspect of aging isn't being adequately addressed and is a crucial component to a plan that addresses aging and quality of life in Burlington.

From Jane Catton, CEO Age Well to All Panelists 04:29 PM

Some falls prevention information from VDH/CDC

<https://www.healthvermont.gov/emergency/injury/prevent-falls>

From Sara Levesque- MSW Candidate to All Panelists 04:33 PM

Such a powerful movie....