



CITY OF BURLINGTON, VERMONT

Burlington Aging Council

c/o Community & Economic Development Office

City Hall, Room 32 • 149 Church Street • Burlington, VT 05401

802-865-7144 VOX • 802-865-7024 FAX •

www.burlingtonvt.gov/cedo

**In Person and Zoom Meeting of the Burlington Aging Council
Tuesday September 19th 2023 3:00pm – 4:30pm
Sharon Bushor Room, City Hall, 149 Church St, Burlington.**

*Denotes Co-Chairs		September 19th 2023
Member Status	Full Name	
1 member representing an organization supporting New Americans in Vermont	Symphorien Sikyala	x
1 member representing a healthcare provider	Rick Neu	x
1 member representing a long-term care organization in Burlington		
1 member representing an affordable housing organization in Burlington	Molly Dugan	x
1 member representing an organization working to fight food insecurity in Vermont	Jane Catton	x
1 member representing an organization providing advocacy and support for older adults in Burlington	Kelly Stoddard Poor	x
1 member representing a senior center in Burlington	Andrea Viets	x
1 member representing an organization providing mental health services in Vermont	Alison Miley	
1 member representing an organization providing transportation services in Vermont	Chris Damiani	
1 member representing the City's Community and Economic Development Office	Brian Pine*	x
3-5 older adults living in Burlington	Barbara Shaw-Dorso	x
3-5 older adults living in Burlington	Glenn McRae*	x
3-5 older adults living in Burlington	Martha Molpus	
3-5 older adults living in Burlington	Charles J Messing	x
3-5 older adults living in Burlington	Lorna Kay	
UVM Center on Aging	Janet Nunziata	x
Staff	CEDO Staff MG LT	xx
1 member representing an organization advocating for racial equity, inclusion, and belonging in Burlington		
Guests	Angela Smith-Dieng, DAIL SoV Rhonda Williams, DAIL SoV, Sara Levesque - Intern	

Draft Minutes

- 1. Motion to approve agenda 09 19 23** moved by CM and second BSD – Vote to approve
- 2. Motion to approve minutes 08 15 23** moved by MD and second CM – Vote to approve
- 3. Public Comment:** Rick Neu introduced Sara Levesque – intern with Center on Aging at UVM Larner
- 4. Overview of Age Strong VT multisector Action Plan on Aging Well – strategies and feedback. State of Vermont DAIL Adult Services Division Director – Angela Smith-Dieng.** [See linked and attached presentation.](#)

Does DAIL hold baseline data to measure outcomes? No baseline assessment but we have the age friendly VT survey results that provide a good baseline.

Any recommendations on achieving inputs from the public for the BTV plan? The focus groups and public listening sessions allowed the SoV to achieve input from a range of folks. Worth noting that the branding and social media campaigns brought in a lot of input from older Vermonters.

Where do we see commonalities and differences with the BTV proposal? Increase workforce participation – strong in BTV. Behavioral risk factor surveillance system – discussion on the availability of this system in BTV. Fight for justice – not in BTV plan but would be covered under accessing services.

Angela highlighted the Self-Neglect Working Group Report as a document of interest for the BAC. https://legislature.vermont.gov/assets/Legislative-Reports/Rec_on_SN_VT.pdf

Request to ASD for recommendations of intergenerational models specific to non-residential programming.

The programs and services of the City of Burlington are accessible to people with disabilities. For accessibility information, call 865-7144. For questions about the meeting Contact Marcella Gange at mgange@burlingtonvt.gov or 802 865 7178

BAC would like to invite Angela or a member of her team to participate on a regular basis on the BAC. Follow up with DAIL for appropriate participant

5. Update/Review of work on Burlington Action Plan on Aging Well – Drafts available here:

<https://www.burlingtonvt.gov/CityCouncil/Boards-Commissions-Committees/burlington-aging-council>

Age Friendly Burlington Goal	Objective/Strategies WG	Leads
<p>Financial Security – Draft on web page</p> <p>Older Residents should be able to receive an adequate income and maintain assets for a reasonable quality of life as they age. They should be able to seek and maintain employment without fear of discrimination and with any needed accommodations. Mechanisms should be in place to protect from consumer and financial fraud. Older Residents should also be able to retire after a lifetime of work, if they so choose, without fear of poverty and isolation.</p>	<ul style="list-style-type: none"> • Industry Support / Older Workers 	<p>Glenn</p>
<p>Optimal Health and Wellness – Draft on web page</p> <p>Older Residents should receive, without discrimination, optimal physical, dental, mental, emotional, and spiritual health through the end of their lives. Holistic options for health, exercise, counseling, and good nutrition should be both affordable and accessible. Access to coordinated, competent, and high-quality care should be provided at all levels and in all settings.</p>	<ul style="list-style-type: none"> • Health Prevention, Access & Quality; Nutrition & Physical Activity • Food Security • Healthcare Workforce 	<p>Marcella Jane Molly, Brian</p>
<p>Social Connection and Engagement – Draft on web page</p> <p>Older Residents should be free from isolation and loneliness, with affordable and accessible opportunities in their communities for social connectedness, including work, volunteering, lifelong learning, civic engagement, arts, culture, and broadband access and other technologies. Older Residents are critical to our local economies and their contributions should be valued by all.</p>	<ul style="list-style-type: none"> • Technology Accessibility • Civic Engagement & Volunteerism • Social Inclusion 	<p>Jane Andrea Glenn, Alison</p>
<p>Housing, Transportation, and Community Design – Libby - ongoing work to review and awaiting Community design input (draft on web page)</p> <p>Burlington should be designed, zoned, and built to support the health, safety, and independence of older residents, with affordable, accessible, appropriate, safe, and service-enriched housing, transportation, and community support options that allow them to age in a variety of settings along the continuum of care and that foster engagement in community life.</p>	<ul style="list-style-type: none"> • Housing: Affordability, Availability, & Accessibility • Multimodal Transportation • Accessible Outdoor & Indoor Public Spaces 	<p>Brian Chris Kelly</p>

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<p>Family Caregiver Support – Draft on web page</p> <p>Family caregivers are fundamental to supporting the health and well-being of older Vermonters, and their hard work and contributions should be respected, valued, and supported. Family caregivers of all ages should have affordable access to education, training, counseling, respite, and support that is both coordinated and efficient.</p> <p>Upcoming activity: RN presented – Note November – Family Caregiver Month – proclamation and family caregiver awareness campaign – 2023 Create a footnote or website link to explain acronyms or eg memory café</p>	<ul style="list-style-type: none"> • Family Caregiver Support 	<p>Rick Janet</p>
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Libby Tuttle presented the work to date on the working group reports and over-arching goals.

Ongoing work on ensuring that we have input and advocacy from under-represented groups – Libby/CEDO will conduct focus groups and seek additional input. Meeting with the City REIB Department for advice and input and will also seek input from CCRPC and City Planning Dept – (particularly for data assistance)

Discussion on the fact that the State Plan distinguishes between general older population and those with Alzheimer’s Disease – BTV Plan does not address this.

Optimal health and wellness: concern raised at any recommendation for additional adult day centers. Current funding restrictions causing closures across the state, the current billing model does not allow for expanded services.

6. Ongoing Discussion: What resources and support are needed for the ongoing work of BAC, to continue as an advocate, supporter of Program implementation, and evaluator of how Burlington is tracking to become more age friendly and inclusive – Tabled next meeting

7. Any other business –

Please note that the BAC is co-sponsoring the film presentation for *Keys Bags Names Words*: an international documentary focusing on Alzheimer’s and dementia. It follows a cohort of young scientists and artists from around the world as they harness every aspect of creativity, humor and compassion to lead the way towards hope and resilience. Film showing and facilitated discussion is on Wednesday September 27th 2023, City Hall, BTV.

<https://www.aarp.org/livable-communities/about/info-2023/economic-development-workshop.html>

2023 AARP Livable Communities Economic Development Workshop
Register today for this free online event: September 27 and September 28, 1-5 pm (ET)

Motion to adjourn