



CITY OF BURLINGTON, VERMONT

**Burlington Aging Council**

c/o Community & Economic Development Office  
City Hall, Room 32 • 149 Church Street • Burlington, VT 05401  
802-865-7144 VOX • 802-865-7024 FAX •  
[www.burlingtonvt.gov/cedo](http://www.burlingtonvt.gov/cedo)

**In Person Meeting of the Burlington Aging Council  
Tuesday August 15<sup>th</sup> 2023 3:00pm – 4:30pm  
Sharon Bushor Room, City Hall, 149 Church St, Burlington.**

**This is a zoom link for those who chose to attend remotely.**

Remote link: <https://zoom.us/j/94178588652?pwd=d084SytNdXFjTmtQRGc0Rkd1d0xWQT09>

Please contact [mgange@burlingtonvt.gov](mailto:mgange@burlingtonvt.gov) if you have questions or concerns.

**Draft Agenda**

1. Motion to approve agenda 08 15 23
2. Motion to approve minutes [06 20 23](#)
3. Public Comment
4. Welcome Libby Tuttle – BAC Intern and review of work plan
5. Optimal Health and Wellness working group discussion to complete this [template](#) -
6. Update/Review of work

| Age Friendly Burlington Goal   | Objective/Strategies WG   | Leads                               |
|--|---|-------------------------------------|
| <b>Financial Security – No further current action – LT to review with Glenn</b><br><br>Older Residents should be able to receive an adequate income and maintain assets for a reasonable quality of life as they age. They should be able to seek and maintain employment without fear of discrimination and with any needed accommodations. Mechanisms should be in place to protect from consumer and financial fraud. Older Residents should also be able to retire after a lifetime of work, if they so choose, without fear of poverty and isolation. | <ul style="list-style-type: none"> <li>• Industry Support / Older Workers</li> </ul>  | Glenn                               |
| <b>Optimal Health and Wellness – August meeting</b><br><br>Older Residents should receive, without discrimination, optimal physical, dental, mental, emotional, and spiritual health through the end of their lives. Holistic options for health, exercise, counseling, and good nutrition should be both affordable and accessible. Access to coordinated, competent, and high-quality care should be provided at all levels and in all settings.   | <ul style="list-style-type: none"> <li>• Health Prevention, Access &amp; Quality; Nutrition &amp; Physical Activity</li> <li>• Food Security</li> </ul> | Marcella<br>Jane<br>Molly,<br>Brian |

The programs and services of the City of Burlington are accessible to people with disabilities. For accessibility information, call 865-7144. For questions about the meeting Contact Marcella Gange at [mgange@burlingtonvt.gov](mailto:mgange@burlingtonvt.gov) or 802 865 7178

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|---|---|------------------------------------|
|   | <ul style="list-style-type: none"> <li>Healthcare Workforce</li> </ul>  |                                    |
| <p><b>Social Connection and Engagement - Requires an update from Andrea for Civic Engagement &amp; Volunteerism and LT to review</b></p> <p>Older Residents should be free from isolation and loneliness, with affordable and accessible opportunities in their communities for social connectedness, including work, volunteering, lifelong learning, civic engagement, arts, culture, and broadband access and other technologies. Older Residents are critical to our local economies and their contributions should be valued by all.</p>   | <ul style="list-style-type: none"> <li>Technology Accessibility</li> <li>Civic Engagement &amp; Volunteerism</li> <li>Social Inclusion</li> </ul>   | Jane<br>Andrea<br>Glenn,<br>Alison |
| <p><b>Housing, Transportation, and Community Design - GM will assist with draft – LT to review</b></p> <p>Burlington should be designed, zoned, and built to support the health, safety, and independence of older residents, with affordable, accessible, appropriate, safe, and service-enriched housing, transportation, and community support options that allow them to age in a variety of settings along the continuum of care and that foster engagement in community life.</p>   | <ul style="list-style-type: none"> <li>Housing: Affordability, Availability, &amp; Accessibility</li> <li>Multimodal Transportation</li> <li>Accessible Outdoor &amp; Indoor Public Spaces</li> </ul> | Brian<br>Chris<br>Kelly            |
| <p><b>Family Caregiver Support – LT to review with Rick</b></p> <p>Family caregivers are fundamental to supporting the health and well-being of older Vermonters, and their hard work and contributions should be respected, valued, and supported. Family caregivers of all ages should have affordable access to education, training, counseling, respite, and support that is both coordinated and efficient.</p> <p><b>Upcoming activity: RN presented – Note November – Family Caregiver Month – proclamation and family caregiver awareness campaign – 2023 Create a footnote or website link to explain acronyms or eg memory café</b></p> | <ul style="list-style-type: none"> <li>Family Caregiver Support</li> </ul>  | Rick<br>Janet                      |

**7. Ongoing Discussion: What resources and support are needed for the ongoing work of BAC, to continue as an advocate, supporter of Program implementation, and evaluator of how Burlington is tracking to become more age friendly and inclusive**

**8. Any other business**