



**Remote ONLY Meeting of the Burlington Aging Council
Tuesday 20th June, 2023 3:00pm – 4:30pm**

Attendance: Symphorien Sikyala, Glenn McRae, Barbara Shaw-Dorso, Rick Neu, Charlie Messing, Molly Dugan, Lorna Peal. Staff: Marcella Gange

Draft Agenda

1. Motion to approve agenda 06 20 23 – Move item #5 to #4 RN SS – Unanimous

2. Motion to approve minutes [05 16 23](#) BSD SS Unanimous

3. Public Comment – None

5. Moving the work forward with support: No response to RFP – BAC proposes to recruit a Summer Intern to support the completion of the Action Plan – MG to move ahead with advertising and recruitment. No July BAC meeting – instead members will meet for a working session on Optimal Health and Wellness Action Area. Invite partners to remote only meeting - including GBYMCA, Feeding Chittenden – BPRW, UVMCC and any other relevant.

4. Review of work –

Age Friendly Burlington Goal	Objective/Strategies WG	Leads
<p>Financial Security – No further current action</p> <p>Older Residents should be able to receive an adequate income and maintain assets for a reasonable quality of life as they age. They should be able to seek and maintain employment without fear of discrimination and with any needed accommodations. Mechanisms should be in place to protect from consumer and financial fraud. Older Residents should also be able to retire after a lifetime of work, if they so choose, without fear of poverty and isolation.</p>	<ul style="list-style-type: none"> Industry Support / Older Workers 	<p>Glenn</p>
<p>Optimal Health and Wellness – July working session</p> <p>Older Residents should receive, without discrimination, optimal physical, dental, mental, emotional, and spiritual health through the end of their lives. Holistic options for health, exercise, counseling, and good nutrition should be both affordable and accessible. Access to coordinated, competent, and high-quality care should be provided at all levels and in all settings.</p>	<ul style="list-style-type: none"> Health Prevention, Access & Quality; Nutrition & Physical Activity Food Security 	<p>Marcella Jane Molly, Brian</p>

	<ul style="list-style-type: none"> Healthcare Workforce 	
<p>Social Connection and Engagement – Require an update from Andrea for Civic Engagement & Volunteerism</p> <p>Older Residents should be free from isolation and loneliness, with affordable and accessible opportunities in their communities for social connectedness, including work, volunteering, lifelong learning, civic engagement, arts, culture, and broadband access and other technologies. Older Residents are critical to our local economies and their contributions should be valued by all.</p> <p>NEED UPDATE ANDREA</p>	<ul style="list-style-type: none"> Technology Accessibility Civic Engagement & Volunteerism Social Inclusion 	Jane Andrea Glenn, Alison
<p>Housing, Transportation, and Community Design GM will assist with draft</p> <p>Burlington should be designed, zoned, and built to support the health, safety, and independence of older residents, with affordable, accessible, appropriate, safe, and service-enriched housing, transportation, and community support options that allow them to age in a variety of settings along the continuum of care and that foster engagement in community life.</p> <p>GM WILL ASSIST WITH DRAFT</p>	<ul style="list-style-type: none"> Housing: Affordability, Availability, & Accessibility Multimodal Transportation Accessible Outdoor & Indoor Public Spaces 	Brian Chris Kelly
<p>Family Caregiver Support</p> <p>Family caregivers are fundamental to supporting the health and well-being of older Vermonters, and their hard work and contributions should be respected, valued, and supported. Family caregivers of all ages should have affordable access to education, training, counseling, respite, and support that is both coordinated and efficient.</p> <p>Upcoming activity: RN presented – Note November – Family Caregiver Month – proclamation and family caregiver awareness campaign – 2023</p> <p>Create a footnote or website link to explain acronyms or eg memory café</p>	<ul style="list-style-type: none"> Family Caregiver Support 	Rick Janet

6. Ongoing Discussion: What resources and support are needed for the ongoing work of BAC, to continue as an advocate, supporter of Program implementation, and evaluator of how Burlington is tracking to become more age friendly and inclusive.

A. Additional Staffing support B. Age Friendly Burlington specific website C. Create and enact an outreach strategy to bring older residents in under inclusivity umbrella (MG to follow up with REIB on input to the Action Area

7. AOB – None – call to adjourn RN and GM, unanimous